

2023 North American Shaolin Kung Fu Game Rules (2023 首届北美洲少林考功大赛规程)

Competition Categories:

There are **Individual events** (个人项目), **Fighting form (duilian) events** (对练项目 2-3 人) and **group competition** (集体项目/家庭组 4-16 人) .

Individual Competition (个人项目): The individual competition is divided into 210 divisions by age, level, and gender.

Age Divisions: A: 7-under, B: 8-9, C: 10-11, D: 12-13, E: 14-17, F: 18-40, G: 41+

Note: Age calculation is based on the participant's actual age on November 4, 2023.

SKILL LEVELS

Beginners: < 2 years of practice

Intermediate: < 4 years of practice

Advanced: 4 and above years of practice

Competition divisions

Songshan Shaolin Fist (嵩山少林 - 拳)

Other Shaolin Fist (其他少林拳术(自选套路))

Songshan Shaolin Long Weapons (嵩山少林 - 长兵器),

Songshan Shaolin Short Weapons (嵩山少林 - 短兵器),

Songshan Shaolin Other Weapons (嵩山少林 - 其他兵器)

- 1. Songshan Shaolin Fist:** include any of the major forms taught as part of the common curriculum at the original Shaolin Temple on Songshan (Song Mountain) today. This includes but is not limited to: Xiaohongquan (小洪拳), Dahongquan (大洪拳), Tongbiquan (通臂拳), Liuhequan (六合拳), Changhuxinyimen (长护心意门), Qixingquan (七星拳), Meihuaquan (梅花拳), Lohanquan (罗汉拳), Taizu Changquan (太祖长拳), Paochui (炮捶), Xinyiba (心意把), Shaolin Routine (少林规定拳), Shaolin Five Elements (少林五行拳), Shaolin Thirteen Fist (少林十三拳), Shaolin Chaoyang Fist (朝阳拳), Shaolin Lianhuan Fist (连环拳), etc.
- 2. Other Shaolin Fist:** Tongzigong (童子功), Drunken Fist (醉拳), Animal Fist (象形拳), Ditang Fist (地躺拳), Shaolin Zixuan Fist (少林自选拳), Shaolin Zixuan Nanquan (少林自选南拳), etc.
- 3. Songshan Shaolin Long Weapons** (嵩山少林 - 长兵器): Weapon length is higher than shoulder height, such as Staff (棍), Spear (枪), Guandao (关刀), Pudaos (扑刀), Tiger Fork (大虎扒), etc.
- 4. Songshan Shaolin Short Weapons** (短兵器/嵩山少林 - 短兵器): Sword (Jian 剑), Broadsword (Dao 刀), & any short single weapons of comparable length to a single-handed sword such as: short stick (短棍), hard whip (钢鞭), cane (拐杖), single daggers (单匕首), etc.
- 5. Songshan Shaolin Other Weapons** (嵩山少林 - 其他兵器): Two-handed swords (双手剑) Three-section Staff (三截棍), Shepherd's Whips (牧羊鞭), Rope Darts (绳镖), 7 or 9 Sections Whip Chain (七节/九节鞭) etc. as well as Double Weapons such as Double Broadwords (双刀), Double Straight Swords (双剑), Double Hooks (虎头双钩), Double Daggers (双匕首), Sword and Shield, etc.

(二) 对练 **Fighting Form (2-3 persons)**

(三) 集体套路/家庭组 **Team/Family Competition 4-16 persons**

Each athlete must choose 2 events (can also apply for team or duilian events)

Time to complete the routine: 1. Shaolin Fist, all the Weapons, Fighting forms are not to exceed 2 minutes 2. Shaolin team events: 2-5 minutes; If less than or exceeding 2 seconds including 2 seconds, the chief Judge will deduct 0.1 point, and the accumulated points will be deducted.

Competition results and awards

1. **Division Champions (普通奖项):** The competition results are ranked according to the score. Gold, Silver, and Bronze medals will be awarded to the top 3 contestants in each individual event. Others were awarded the "Outstanding Award" certificate. If there are too many participants in the division, they will be divided into groups as appropriate.
2. **Individual Overall Grand Champions (个人全能奖):** To qualify for Individual Overall Grand Champions, competitors must compete in the **advanced level** and in three divisions: Songshan Shaolin Fist Form and 2 Weapon Forms (each Weapon Form must be of a separate Weapon division). Individual Overall Grand Champions earn points for placing in each of these three events. Individual Overall Grand Champions Points are awarded as so: 4 points for each 1st place, 2 points for each 2nd place, 1 point for each 3rd place. The 3 highest points score will get **Overall Grand Champions Gold medals, Silver medals and Bronze medals** respectively; the others will get the **certificate of "Shaolin Kungfu Excellence Award"**. Should a tie occur, the winner will be determined by comparing the total scores of the three divisions that garnered the Overall Grand Champion. If still tied, add back the eliminated highest scores. If still tied then, add back the eliminated lowest score. If it's still tied, the rankings are tied.
3. **North American Shaolin Kung Fu Stars (北美少林功夫之星):** It is the highest award in this competition, and the winner can represent North America to participate in the "World Shaolin Kung Fu Test Competition". Participants must be the top three (regardless of gender) in the individual Overall Grand Champions of each age group before they can participate in the "North American Shaolin Kung Fu Show". The judging committee sent by Songshan Shaolin Temple conducts the judging, regardless of gender, age, project, or content. Finally, 7 to 9 "North American Shaolin Kung Fu Star" will be selected to advance to the World Shaolin Kungfu Competition in China, 2024
4. **Award Certificates:** 1. All participants can get the electronic certificate issued by Shaolin Temple, which can be registered in the official Shaolin Temple Website direct download and print; 2. The award certificate shows the signature of Abbot Shi Yongxin of Shaolin Temple; 3. The award certificate shows the only code approved by Shaolin Temple; 4. The awardees who go to the Shaolin Temple to receive the award certificates can take a photo with Abbot Shi Yongxin. In addition to the list of athletes' results, which will be announced by the competition organizing committee on the competition website, a series of publicity reports will also be carried out through domestic and foreign professional media co-organizers and multimedia networks.